## Summary of Services for Youth with Special Health Care Needs in Kentucky

Use <u>WWW.KYCARES.NET</u>, a database developed through Governor Patton's Empower Kentucky Initiative to find resources and Tip Sheets related to health and social services

## **Health Care**

Health Care		
Contacts	Comments	
Commission for Children with Special Health Care Needs 982 Eastern Parkway, Louisville, KY 40217 1-800-232-1160 http://chs.ky.gov/commissionkids	<ul> <li>14 District Offices</li> <li>Specialty clinics, care coordination, referral</li> <li>Transition programming</li> <li>Adult program for hemophilia</li> </ul>	
Local health departments: Call (502) 564-4830 for information in your area: Fayette County: (859) 252-2371 http://www.khda-ky.org/countymap.htm#lexington-fayette Jefferson County: (502) 574-6530 http://www.khda-ky.org/countymap.htm#jefferson	Offer a variety of maternal and child health and family services including family planning, well-child checkups, immunizations, nutrition, genetic and developmental evaluation, home health (services vary)	
Shriners Hospitals for Children 1900 Richmond Road, Lexington, KY 40502 (859) 266-2101 <a href="http://www.shrinershg.org/shc/lexington/about.html">http://www.shrinershg.org/shc/lexington/about.html</a>	<ul> <li>Comprehensive inpatient and outpatient treatment of orthopedic problems, burns, and related conditions for ages birth to 21</li> </ul>	
First Steps, Kentucky's Early Intervention Program: 1-800-442-0087 (V/TDD (502) 564-4448) http://chs.ky.gov/commissionkids/firststeps/default.htm	<ul> <li>Provides an array of health and educational services for infants and toddlers birth to 3 years who have or are at risk for developmental delays</li> </ul>	
Easter Seals Society of KY (859) 254-5701 http://www.cardinalhill.org	<ul> <li>Services children and adults with disabilities</li> <li>Cardinal Hill Rehabilitation Hospital</li> <li>Camp KYSOC</li> <li>Information and referral</li> </ul>	
Comprehensive Care Centers: check phone book under Mental health or Mental Retardation and Services for Developmentally Disabled: State Office: (502) 564-4448: http://mhmr.chs.ky.gov University of Kentucky Medical Center	<ul> <li>Provide evaluations, counseling and referral for mental illness, mental retardation, drug and alcohol rehab, and psychosocial concerns</li> <li>Variety of programs for children, teens, parents</li> <li>Specialized services for variety of medical conditions</li> </ul>	
Phone: (859) 323-5000 UK Health Connection (859) 257-1000 <a href="http://www.mc.uky.edu/">http://www.mc.uky.edu/</a> University of Louisville Medical Center Phone: (502) 852-1877 <a href="http://www.louisville.edu/hsc/">http://www.louisville.edu/hsc/</a>	Specialized services for variety of medical conditions	
U of L Child Evaluation Center: (502) 852-5331  Home of the Innocents: (502) 561-6600 <a href="http://www.homeoftheinnocents.org/">http://www.homeoftheinnocents.org/</a> Specialty Organizations - examples are:  Spina Bifida Assoc. of KY – (502) 637-7363	<ul> <li>Residential care for children with disabilities, teen/family counseling</li> <li>Information</li> <li>Support services</li> </ul>	
http://www.sbak.org/ Autism Society of KY: (502) 454-6787 United Cerebral Palsy:(502) 635-6397 Hemophilia Foundation: (502) 634-8161 http://www.kyhemo.org	Referral for families and persons with specific conditions	
Kentucky Physician's Care : 1-800-633-8100 http://www.healthkentucky.org/faqs.html	<ul> <li>Refers for 1 routine office visit for adults over 18 (not KCHIP eligible) who are uninsured and do not qualify for government programs; hours M-F 9-12 and 1-4</li> </ul>	
Home Health Agencies and Hospices; for information call KY Home Health Association at (859) 268-2574 <a href="http://www.khha.org/">http://www.khha.org/</a>	<ul> <li>Provide homemakers, home health aids, in-home nursing care, medical equipment</li> <li>Hospice provides services for children and adults with terminal illness and their families</li> </ul>	
National Resource Center for Respite and Crisis Care Service 1-800-473-1727 <a href="http://www.archrespite.org/">http://www.archrespite.org/</a>	<ul> <li>Information and referral about respite services and funding; includes national respite service locator</li> </ul>	

## **Financial Resources**

Contacts	Comments
Social Security Administration: Social Security cards; Work Incentive Plans; Supplemental Security Income (SSI): 1-800-772-1213  www.socialsecurity.gov	A number of programs which help people with disabilities get higher education, training, accommodations, work experience without losing SSI and Medicaid benefits including PASS, 1619a and b, IWRP, IPE, Student Earned Income Exclusion; IWRE
Department for Medicaid Services: contact Department for Community Based Services (previously Department for Social InsuranceDSI office) in county of residence 1-800-635-2570; <a href="http://cms.hhs.gov/medicaid">http://cms.hhs.gov/medicaid</a> Medicaid Managed Care Ombudsman for Passport: 1-877-807-4027; <a href="http://chs.state.ky.us/ombudsman/">http://chs.state.ky.us/ombudsman/</a>	Based on family income; spend down; disabled child calculation; and/or home and community based waiver program     Services include: office visits, dental care, immunizations, mental health, pharmacy, vision care, hospital care and much more.
EPSDT (Early and Periodic Screening, Diagnosis, and Treatment) program: Contact Medicaid office EPSDT Special Services: (502) 564-6890 http://chs.ky.gov/dms/services/epsdt/default.htm	Funds screening and medically necessary services not normally funded by Medicaid
KCHIP (see contact info under Medicaid) 1-800-524-4718 http://chs.ky.gov/kchip	<ul> <li>Health insurance for children birth to 19 whose family income is less than 200% of poverty (approx. \$35,000 for family of 4) and who are not eligible for Medicaid</li> <li>Benefits are the same as Medicaid</li> </ul>
Medicaid Waiver Programs: contact Medicaid office (502) 564-5560: http://chs.state.ky.us/dms/services/hcb/default.htm	Provide home and community support services to keep persons with disabilities out of institutions
Cabinet for Families and Children Ombudsman 1-800-372-2973 http://cfc.state.ky.us/faq/ombudsman.asp	Assists with issues related to programs administrated by the Cabinet including TANF, food stamps, Medicaid/KCHIP eligibility, foster care, etc.
Brain Injury Benefits Program: (502) 564-3615 http://dmhmrs.chr.state.ky.us/braininjury/	Case management and a wide range of services and funding sources

**Work Preparation** 

Work	Preparation
Contacts	Comments
Vocational Rehabilitation: Workforce Development Cabinet : 1-800-372-7172 <a href="http://kydvr.state.ky.us/">http://kydvr.state.ky.us/</a>	<ul> <li>Vocational assessment, referral, training, and work placement for people with disabilities</li> <li>Assistive Technology loan program</li> </ul>
KATS (Kentucky Assistive Technology Services Network) 1-800-327-5287; <a href="https://www.katsnet.org">www.katsnet.org</a>	<ul> <li>Assistive technologies and related services for all Kentuckians with disabilities including referral to public and private agencies for services and funding</li> </ul>
Goodwill Industries: 1-800-889-8775	Assistance in finding employment
http://www.gwik.org/	Discount stores
Employment Solutions: (859) 253-2658	Assistance to persons with significant barriers to employment
ARC of the Bluegrass : (859) 233-1483 http://www.hereweare.net/arcbluegrass.htm	Programs and referral for people with developmental disabilities
ACCESS: (502) 458-9675 http://www.win.net/accessada/	<ul> <li>Services for developmentally disabled including referral, consultation, case management, employment, crisis intervention, recreation, consultation</li> </ul>
Fayette County Mayor's Training Center: (859) 258-3140 http://www.lfucg.com/MTC/	Youth summer employment and school to work programs
Volunteers of America: Lexington: (859) 254-3469; Louisville: (502) 636-0771 http://www.voaky.org	<ul> <li>Services for homeless including an independent living program, temporary housing, life skills training, job training</li> </ul>
Bluegrass Career Services: (859) 266-6053	<ul> <li>Training, referrals, temporary and permanent employment placement for people with barriers to employment</li> </ul>

OWL (Opportunity Workshop of Lexington) (859) 254-0576 To find workshops for the disabled in KY <a href="http://www.nish.org/CRPMap.asp?Lookup=KY">http://www.nish.org/CRPMap.asp?Lookup=KY</a>	•	Job training and placement
Project Empower and Kentuckiana Works (502) 574-2500 <a href="http://www.ydrf.com/peerconnect/profiles/louisville/kentuckiana.htm">http://www.ydrf.com/peerconnect/profiles/louisville/kentuckiana.htm</a>	•	Employment for at-risk youth in Jefferson and surrounding counties
Job Accommodation Network 1-800-526-7234; http://janweb.icdi.wvu.edu/	•	A service of the President's Committee on Employment of People with Disabilities; answers to questions on accommodations and employment

Independence Building, Housing, Transportation, Personal Assistance, Respite, and Recreation

Contacts	Comments
Independent Living Centers: http://www.ihdi.uky.edu/kydrm/Resources/cil.htm Lexington: Independence Place (859) 266-2807 Louisville: Center for Accessible Living: (502) 589-6620 Harlan: Pathfinders for Independent Living: (606) 573-5777 Bowling Green: BEST: (270) 796-5992 Covington: Disabilities Coalition of N. KY (859) 431-7668	<ul> <li>Information and referral related to housing, transportation, work, personal assistance, education, recreation, legal issues for people with disabilities</li> <li>Information on assistive technology loan programs, housing modification plans and funds, ADA rights and responsibilities</li> </ul>
KY SPIN – KY Special Parent Involvement Network 1-800-525-7746 http://www.kyspin.com/	<ul> <li>Parent advocacy group offering education, referral, and parent to parent support through a state office and local SPIN representatives; Affiliate of the national Parent Training and Information Network (PTI)</li> </ul>
PiNK: (Parent information Network of Kentucky) (502) 479-7465; toll free for parents 1-877-611-7465 e-mail: PiNK@KYP2P.org http://www.kyp2p.org/	<ul> <li>Parent advocacy group offering parent to parent support, mentoring, and training on a variety of topics</li> <li>State Family Voices affiliate</li> </ul>
Kentucky Partnership for Families and Children Office of Family Leadership, Department of Mental Health 1-800-369-0533: <a href="http://www.kypartnership.org">http://www.kypartnership.org</a>	<ul> <li>Provides a united voice for parents, families, and organizations dedicated to improving services for children with mental, emotional, and behavioral disorders.</li> </ul>
Kentucky Disabilities Coalition: 1-800-977-7505 http://www.geocities.com/kydisabilitiescoalition/	Information and advocacy for people with disabilities
KY Council on Developmental Disabilities: 1-877-367-5332 http://chs.ky.gov/kcdd/default.htm	<ul> <li>Information and advocacy for people with developmental disabilities</li> </ul>
KY State ID card: From Drivers' License offices	<ul> <li>Bring birth certificate, social security card, something with address; costs \$4 and is good for 4 years</li> </ul>
Transportation: start with public transportation system in your city or county; for training and modification for people with disabilities, call Vocational Rehabilitation 1-800-372-7172: <a href="http://kydvr.state.ky.us">http://kydvr.state.ky.us</a>	<ul> <li>Paratransit cards;</li> <li>For vehicle modification consultations, call Superior Conversions Paul L. Erway, Rehab consultant 1-800-458-8267 (offices in Louisville and Lexington)</li> </ul>
Kentucky Transportation Cabinet (502) 564-7433 http://www.kytc.state.ky.us/	Information on specialized public transportation systems
Supported Living of Kentucky: (502) 564-7702 ext. 4478 http://www.ihdi.uky.edu/kydrm/Resources/ky_supported_living.htm http://mhmr.chs.ky.gov/mr/supportedliving/Default.asp	<ul> <li>Several programs to provide home modifications, supported employment, therapies, residential supports, emergency response systems, specialized medical equipment and assistive technology</li> </ul>
Kentucky Housing Authority: (502) 582-5257 http://www.hud.gov/local/ky/	<ul> <li>Housing assistance for rent, utility, and security deposit; provides information on supportive housing programs and programs that lead to home ownership</li> </ul>

Local housing authorities, local public libraries, local YWCA and YMCA, churches	<ul> <li>Programs for people with disabilities including residential programs, fitness programs, camps, educational, counseling and social work services</li> </ul>
Salvation Army: Lexington: (859) 252-7706 Louisville: (502) 625-1170 http://www.salvationarmysouth.org/KY.htm http://www.salvationarmy-lex.org	<ul> <li>Local groups have shelters, food and clothing assistance, youth recreation and mentoring programs</li> <li>Health clinics, counseling</li> </ul>
Central Kentucky Riding for the Handicapped (859) 231-7066: http://www.ckrh.org	Horseback riding for children with handicaps at the Kentucky Horse Park
Parks and Recreation Departments in cities and counties	<ul> <li>Recreational programs for people of all ages; many include people with disabilities or have special programs for people with disabilities</li> </ul>
YMCA and YWCA and 4-H; Girl Scouts, Boy Scouts; Big Brothers/Big Sisters: (859) 233-4460 in Lexington www.uwky.org	Recreation programs and camps for all ages many focusing on independence building and mentoring
Minds Wide Open: (859) 233-0960 http://www.arcbluegrass.com/MWO.htm	Art training for people with disabilities (based in Lexington)
Very Special Arts: (502) 564-4970 http://www.vsarts.org/affiliates/states/ky.html	Art, music, drama, etc., programs for and by people with disabilities

School and	Higher Education
Contacts	Comments
Local public schools: Call director of special education at local school or state Dept of Ed at 1-800-533-5372; some schools have Family Resource and Youth Service Centers and/ or Special Education Parent Resource Centers: <a href="http://www.kentuckyschools.org/">http://www.kentuckyschools.org/</a>	<ul> <li>Under IDEA (Individuals with Disabilities Act) schools provide free, appropriate public education to children with disabilities</li> <li>Mainstreamed children are protected by the Americans with Disabilities acts (ADA) to have reasonable accommodations for education through 504 plans</li> </ul>
School to Work Programs: contact your local school system: (502) 564-5901 <a href="http://www.state.ky.us/agencies2/stw/">http://www.state.ky.us/agencies2/stw/</a>	Offer shadowing and work experiences for all students
Community Colleges, Technical Schools, Colleges and Universities have Disability Coordinators: <a href="www.kctcs.net">www.kctcs.net</a> for information on community colleges and technical schools; contact specific college for more information	<ul> <li>Support services for students with disabilities requesting accommodations for physical, emotional, and/or learning disabilities</li> </ul>
Kentucky Higher Education Assistance Authority (KHEAA) 1-800-928-8926 <a href="https://www.kheaa.com">www.kheaa.com</a>	<ul> <li>Information about various scholarships, loans, grants, work-study to KY colleges</li> </ul>
Commission on the Deaf and Hard of Hearing 1-800-372-2907 (V/TDD) http://www.state.ky.us/agencies/kcdhh/home/index.html	<ul> <li>Advocates for children and adults who are deaf and hard of hearing</li> <li>Provides information and referral services</li> <li>TTY distribution program</li> </ul>
KY School for the Deaf (Danville): (859) 239-7017 http://www.danville-ky.com/BoyleCounty/ksd.htm	Assessment, counseling, referral, residential school programs for youth with hearing impairments
KY Department for the Blind: 1-800-321-6668 http://Kyblind.state.ky.us	Information, referral, and advocacy for people with vision impairments
Protection and Advocacy: 1-800-372-2988 <a href="http://www.kypa.net/">http://www.kypa.net/</a>	<ul> <li>Provides information and advocacy services for individuals whose rights have been violated due to a disability</li> </ul>
KY School for the Blind (Louisville): (502) 897-1583 http://www.ksb.k12.ky.us/	<ul> <li>Assessment, counseling, referral and residential school programs for visually impaired youth</li> </ul>
University of Kentucky, Human Development Institute (859) 257-1254 <a href="http://www.ihdi.uky.edu/">http://www.ihdi.uky.edu/</a>	<ul> <li>Comprehensive diagnostic evaluations and treatment or program recommendations; assistive technology evaluations</li> <li>Teacher training</li> <li>School transition programming and evaluation</li> </ul>
Christian Appalachian Project: (859) 792-3051 http://www.christianity.com/cap	Provides variety of educational, counseling, children and youth and adult learning services for people in Eastern Kentucky